冰雪奇缘主题曲[《let it go》](https://zhidao.baidu.com/search?word=%E3%80%8Alet%20it%20go%E3%80%8B&fr=iknow_pc_qb_highlight)中英文歌词  
The snow glows white on the mountain tonight;今晚[白雪](https://zhidao.baidu.com/search?word=%E7%99%BD%E9%9B%AA&fr=iknow_pc_qb_highlight)在山上闪烁  
Not a footprint to be seen;一个脚印没有  
A kingdom of isolation;与世隔绝的国土  
And it looks like I'm the queen;我就像是一个皇后  
The wind is howling like this swirling storm inside;狂风咆哮得像我内心一样的纷乱  
Couldn't keep it in, heaven knows I've tried;不能再困住我的感情了，只有上天才知道我努力过  
Don't let them in, don't let them see;不让他们走进来，不让他们看到  
Be the good girl you always have to be;做一个[好女孩](https://zhidao.baidu.com/search?word=%E5%A5%BD%E5%A5%B3%E5%AD%A9&fr=iknow_pc_qb_highlight)，一直都要这样  
Conceal, don't feel, don't let them know;掩饰、没有感觉、不要让他们知道  
Well, now they know;好了，现在他们都知道了  
Let it go, let it go;随心而行，随心而行  
Can't hold it back anymore;不能再抑制了  
Let it go, let it go;随心而行，随心而行  
Turn away and slam the door;转过身甩上门  
I don't care what they're going to say;我不在乎他们会怎样说  
Let the storm rage on;让风暴怒吼吧  
The cold never bothered me anyway;寒冷再也不能烦扰我了  
It's funny how some distance makes everything seem small;可笑的是，距离让所有东西都变得渺小  
And the fears that once controlled me can't get to me at all;一度控制我的恐惧再也不能控制我了  
It's time to see what I can do;是时候看看我能够做什麼了  
To test the limits and break through;试验我的极限和突破  
No right, no wrong, no rules for me;没有对错，也没有规则规范我了  
I'm free;我自由了  
Let it go, let it go;随心而行，随心而行  
I am one with the wind and sky;我与风与天同在  
Let it go, let it go;随心而行，随心而行  
You'll never see me cry;你不会再看到我哭泣  
Here I stand and here I'll stay;我就站在这里，我留在这里  
Let the storm rage on;让风暴怒吼吧  
My power flurries through the air into the ground;我的力量激荡空气深入地下  
My soul is spiraling in frozen fractals all around;我的灵魂随着四周的[冰片](https://zhidao.baidu.com/search?word=%E5%86%B0%E7%89%87&fr=iknow_pc_qb_highlight)盘旋而上  
And one thought crystallizes like an icy blast;思想化为结晶如一阵冰风  
I'm never going back, the past is in the past;我不会再回去，过去已成往事  
Let it go, let it go;随心而行，随心而行  
And I'll rise like the break of dawn;我像旭日从地上冒起  
Let it go, let it go;随心而行，随心而行  
That perfect girl is gone;那个完美女孩已不在了  
Here I stand in the light of day;我就站在日光之下  
Let the storm rage on;让风暴怒吼吧  
The cold never bothered me anyway;寒冷再也不能烦扰我了！